



# Liverpool Active Workplaces

**As part of Liverpool's ambition to become the most active core city in the UK by 2021, we're offering Liverpool employers a package of free support to help get your workforce more active.**

Research shows that introducing physical activity initiatives within the workplace can reduce absenteeism by up to 20%, in addition to improving teamwork, communication, morale and supporting Corporate Social Responsibility.

Pledge your organisation's support to the Liverpool Active Workplaces campaign and you'll have access to:

- A Workplace Toolkit, that will provide information, signposting to sources of support and practical ideas that can be implemented within your workplace
- Free staff training places on the Physical Activity Champion training course, which will help your employees to engage their colleagues in physical activity initiatives

- A small grants programme to apply for funding to pilot physical activity initiatives in your workplace
- An employee step challenge starting in January 2017, where employees can set their own step targets and count their steps towards their organisation's total – who can be the most active workplace in Liverpool?

Sign up your organisation to join the programme by completing the online form at <http://www.merseysidesport.com/liverpoolactiveworkplaces/>

Liverpool Active Workplaces is being delivered by Merseyside Sports Partnership, commissioned by Liverpool City Council and NHS Liverpool CCG. For further information please contact Danny Woodworth on [d.woodworth@merseysidesport.com](mailto:d.woodworth@merseysidesport.com) or call 077300 28773.



## CHESTER TOWN GROUP DATES FOR YOUR DIARY

FRIDAY 10 MARCH 2017  
Chester Grosvenor Hotel

You are invited to join Chairman, Zoe Devenport of Henry R Davis, fellow Chartered Accountants and guests at the Chester & North Wales Society Annual Dinner on Friday 10 March 2017. The dinner will be held in the elegant surroundings of the Chester Grosvenor Hotel and will be complemented by an outstanding menu designed by Executive Chef Simon Radley.

A relaxing evening of entertainment and networking with fellow professionals at The Chester Grosvenor, the dinner is the high point in the events calendar for members and fellow professionals living and working in Chester. It offers a great opportunity to entertain valued clients, guests and staff, whilst also giving you time to network over dinner and generate new business contacts.

**Tickets are £75.00 inc. VAT** to book please contact [alex.pilkington@icaew.com](mailto:alex.pilkington@icaew.com)



Zoe Devenport